

The Rio way of drinking tea

The blends from Espírito do Chá are handmade, natural, original, without preservatives or flavorings. The ingredients, for the most part, are obtained through a curation process among small producers who use natural farming techniques that involve the reduction or elimination of pesticides in the process.



forest

Function: **Inspiring**
Effect: **Relaxing and restorative**

The walk through the trees leads to the desired destination. The sound of birds is enveloped by the sound of water falling on the rocks. All around, everything is green and pulsating. The scent of wet earth and wild grass fills the lungs with oxygen and purity. This blend recovers our best purposes and intentions.



Ingredients:
Green tea leaves and stalks (Camellia s(L.) Kuntze), mandarin fruit (Citrus reticulada Blanco), fennel fruit (Pinpinella anisum L.), lemongrass leaves (Cymbopogon citratus Stapf) and melissa leaves and branches (Melissa officinalis L.).

sea

Function: **Vibrating**
Effect: **Digestive e Energizing**

The strong and hot sun on the skin, the taste of salt and the blue of the sea bring a positive vibe and the certainty that everything is in perfect harmony. A dip in the vibrant water stimulates the senses, refreshes the mind and body and prepare for the new.



Ingredients:
Organic roasted mate leaves (Ilex paraguariensis St. Hill), orange fruits (Citrus aurantium L.), mint leaves and branches (Mentha piperita IL) and ginger rhizomes (Zingiber officinale Roscoe).

mountain

Function: **Welcoming**
Effect: **Detoxifying and Antioxidant**

The sun appears on the horizon behind the mountain. The silence of dawn brings optimism and the expectation of a fresh start that occurs every day. It's time to welcome the past and let the future flow. Fresh air renews perspectives with joy and hope.



Ingredients:
Black tea leaves and stems (Camellia sinensis (L.) Kuntze), Apple fruits (Pyrus malus L.), Blackberry fruits (Rubus spp.), Plum fruits (Prunus domestica L.), Strawberry fruits (Fragaria spp. .) and Hibiscus flowers (Hibiscus sabdariffa L.).

city

Function: **Flow**
Effect: **Calming and comforting**

Wonderful and full of charms, the city sleeps and wakes up with open arms to welcome its residents and visitors. Hearts beating in the frenetic dance of daily challenges. It is in the warmth of affection that we find the flame of life in each dawn.



Ingredients:
Apple fruits (Pyrus malus L.), Cinnamon bark (Cinnamomum zeylanicum Ness), Fennel seeds (Foeniculum vulgare Mill.), Pineapple fruit pulp (Bromelia de ananas L.), Melissa leaves and branches (Melissa officinalis L.) and Jasmine flowers (Jasminum Officinale L.).

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